

## Emergency Room (ER) or Urgent Care Center?

### How to *know* where to go

#### Urgent care centers can save you time and money

When you can't see your doctor right away, an urgent care center is a good medical and financial alternative to an emergency room.



#### Here's why:

- Your wait will probably be shorter.
- Urgent care centers are often open evenings and weekends.
- You don't need an appointment.
- An urgent care center may be closer to your home or work place.
- Your cost is usually lower than it would be at an emergency room.

The choice is yours. But remember: for treatment of a minor illness or injury, an urgent care center will save you time and money.

To find an urgent care center near you, visit **kyhealthplan.humana.com** and select "Physician Finder," enter your location information in the "Search by Address" section and then select "Urgent Care Center" under the "Provider Search" menu.

#### You have the option to talk with a nurse

If you want to discuss your illness or injury with a nurse before going to urgent care or the emergency room, call HumanaFirst® nurse advice line – our 24-hour, toll-free information line – at **1-800-622-9529**. A registered nurse will give you information to help you determine whether to manage your care at home or see a medical professional. This service is not intended for life-threatening emergencies. In case of emergency, call 911.